

The **Institute of Preventive Medicine** (IPM) was founded in 1994 by doctors at the Department of Nephrology and Hypertension of the Community Hospital Nuremberg and the University Hospital Erlangen of the Friedrich-Alexander-University Erlangen-Nuremberg.

This was triggered by the realization that in many patients metabolic, renal and cardiovascular disease are **detected too late**. Had they been diagnosed and treated earlier, damage to the patients' health could have been averted.

Therefore, the IPM set itself the goal of developing structured **and pioneering preventive concepts** for patients, doctors, hospitals and health care providers. The focus is on **improvement of health and quality of life** for those affected.

Of note, considerable **financial costs to the health care provider can be avoided** through these preventive concepts.

The IPM considers itself as a link between science, medical practices and patients' need. Its main task is to share **latest scientific knowledge and experience** in the fields of renal-, hypertension-, diabetes- and cardiac research and to transfer it into daily practice.



Institute of Preventive Medicine

Board

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Supported by

Association for the Promotion of the
Institute for Preventive Medicine
of renal and hypertension diseases,
diabetes mellitus e.V.

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Institute of Preventive Medicine

for renal, hypertensive
and cardiac diseases
at the University
Erlangen-Nuremberg
and at the Community
Hospital Nuremberg

Activities and Projects

For affected patients and interested parties

- Publication of the *IPM-AKTUELL* brochure
- Organization of information days about hypertension and diabetes
- Participation in public health activities by other institutions
- Training for affected patients
- Support for self-help groups
- Lectures
- Information brochures



Science and Research

- Development, implementation and evaluation of outcome research studies and pilot projects
- Conception of structured and validated preventive models for practice
- Transfer of scientific results into common language
- Company health screenings

www.ipm-aktuell.de



For medical practitioners

- Certification of physicians and their staff
- Organization of training courses and quality assurance seminars
- Networking
- Development of practical guidelines

